



21 Days of Kindness Challenge



"No matter your age YOU can make a difference"- Founder Taylor Larson

Donate a new
stuffed animal



Donate \$5 to
Cuddles for Kids



Hold the door open for
the person behind you



Say "Hi" to
someone new



Give someone
a compliment



Clean up a
mess that
isn't yours



Make a card for a
sick child in the
hospital



Smile at
someone



Give someone
a hug



Let someone
else go first

Write a thank
you card

Share a toy with a
friend or sibling



Say "I love you"



Clean up without
being asked

Make a thank you
card for a
teacher

Share a funny
joke!



Offer to help
someone



Draw someone a
picture!



Ask, "How may I
help you?"

Forgive a
mistake



Give someone
a high five!



Contest ends February 5th. For more information visit: cuddlesforkidshugs.org